



# Desert Springs

## Youth Activities & Programmes

### YOUTH CLUB

13 - 17 YEARS

Coaching, Activities and Programmes for Youths

Jim Gordon, our Sports Manager at The Sierra Club, located beside the famous Crocodile Club on the Desert Springs Resort, has devised a number of specifically tailored activities for the young, designed to keep them off your hands and fully and actively occupied!

Youths, age 13 to 17 years, can sign up for anything from a single session for €10 per person, a full day for €28 per person through to a 5 day programme for €112 per person.

The good news for parents is that this service allows you to escape with the peace of mind that your children are in the safe and capable hands of our professionally trained team, allowing you to take advantage of some free quality time together.

### LOW SEASON

7th Jan - 28th Feb / 1st Nov - 21st Dec

	11am - 12pm	12pm - 1pm	1pm - 2.30pm	2.30pm - 3.30pm	3.30pm - 4.30pm	4.30pm - 5.30pm
Tuesday	Tennis	Golf Clinic	Lunch	Trim Trail / Gym	Table Tennis	Mountain Bikes
Thursday	Paddle	5 A-side Football	Lunch	Basketball	Tennis	Gym

### MID SEASON

1st - 6th Jan / 1st - 31st Mar / 9th April - 30th June / 1st Sept - 31st Oct / 22nd - 31st Dec

	11am - 12pm	12pm - 1pm	1pm - 2.30pm	2.30pm - 3.30pm	3.30pm - 4.30pm	4.30pm - 5.30pm
Monday	Trim Trail / Gym	Paddle	Lunch	5 A-side Football	Tennis	Mountain Bikes
Tuesday	Tennis	Golf Clinic	Lunch	Gym	Table Tennis	Basketball
Thursday	Trim Trail / Gym	Tennis	Lunch	5 A-side Football	Beach Volleyball	Mountain Bikes

### HIGH SEASON

1st - 8th April / 1st July - 31st August

	11am - 12pm	12pm - 1pm	1pm - 2.30pm	2.30pm - 3.30pm	3.30pm - 4.30pm	4.30pm - 5.30pm
Monday	Trim Trail / Gym	5 A-side Football	Lunch	Beach Volleyball	Paddle	Pool Games
Tuesday	Basketball	Golf Clinic	Lunch	Mountain Bikes	Tennis	Pool Games
Wednesday	Trim Trail / Gym	Tennis	Lunch	Gym	Paddle	Pool Games
Thursday	Paddle	Gym	Lunch	Basketball	Tennis	Pool Games
Friday	Trim Trail / Gym	Golf Clinic	Lunch	Tennis	Table Tennis	Pool Games

### RESERVATIONS:

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