



Desert Springs

Junior Tennis Programme



At the Desert Springs Tennis Academy, our resident LTA Professional has put together a specifically tailored 3 day tuition programme which will suit either a long weekend or midweek break for your children whilst you are at the resort.

Open to children under the age of 16 years, beginners concentrate on developing ball sense and basic strokes, whilst more advanced players will also cover spin techniques, positional play and match tactics.

Each daily session lasts for 4.5 hours which includes an hours break for lunch at the Crocodile Club with the children being supervised by our trained Croc Club personal.

The good news for parents is that this service allows you to escape with the peace of mind that your children are in the safe and capable hands of our professional team!

Take advantage of this FREE QUALITY TIME TOGETHER, enjoy a round of golf on the Indiana course, relax by your pool in the sun, partake in some pampering at the Elemis Day Spa, take the time to visit one of the many local places of interest or simply take time out to read that book that's been on the shelf for too long!



3 DAY PROGRAMME

Day 1

Morning session two hours.
Stretching session in gymnasium followed by warm up with the ball machine and forehand and backhand.

1 hour Lunch @ the Crocodile Club

Afternoon session 1hr 30 mins.
Specific drills covering morning session, using video technology & freeze-frame to pinpoint and address faults.

Day 2

Morning session two hours.
Stretching session in gymnasium followed by warm up with ball machine and tennis session covering service and volley.

1 hour Lunch @ the Crocodile Club

Afternoon session 1hr 30 mins.
Singles and doubles matchplay using video technology to assess stroke play.

Day 3

Morning session two hours.
Stretching session in gymnasium followed by warm up with ball machine, followed by: Smash, half volley and lob, concluding with tactical awareness on court.

1 hour Lunch @ the Crocodile Club

Afternoon session 1hr 30 mins.
Matchplay covering all shots covered on programme using video technology.

Resident	Price Per Pupil
1 Pupil	137€
2 Pupils	79€
3 Pupils	60€
4 Pupils	50€

Public	Price Per Pupil
1 Pupil	152€
2 Pupils	88€
3 Pupils	67€
4 Pupils	56€

RESERVATIONS:

Tel: (+34) 687 599 115
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The maximum number of Juniors in the Programme will be 4. This will ensure safety and the best balance between instruction and practice time.